

Psalm 150

1) Praise the Lord.

Praise God in his sanctuary;
praise him in his mighty heavens.

2) Praise him for his acts of power;
praise him for his surpassing greatness.

3) Praise him with the sounding of the trumpet,
praise him with the harp and lyre,

4) praise him with tambourine and dancing,
praise him with the strings and flute,

5) praise him with the clash of cymbals,
praise him with resounding cymbals.

6) Let everything that has breath praise the Lord.

No matter what goes on through life we need to remember to praise God for all that he has done for us. It does not mean that we forget the struggles and hardships but it is us choosing to be thankful for what he has promised us and trusting him to continually provide for for our needs.